

**PATIENT NAME:** \_\_\_\_\_

**PROCEDURE DATE:** \_\_\_\_\_ at \_\_\_\_\_ with \_\_\_\_\_

**Please arrive to the Toronto Immune and Digestive Health Institute 1 hour prior to your procedure time**  
700 Lawrence Ave. W., 3<sup>rd</sup> floor, Suite 360, Toronto, ON, M6A 3B4 (T: 647-812-2113)  
Enter through the East Tower Entrance, located between Booster Juice and the Foot Institute

Arrange for a pick-up **2 hours after your procedure start time.**  
If you do not have an adult accompany you home, your procedure will be cancelled.

The Endoscopy Package includes the following documents:\*

1. General Information (1 page)
2. Pre-Anesthesia Questionnaire (3 pages)

\*Contact the office immediately if you are missing any of the documents listed above.

Please read **ALL** the documents enclosed within the Endoscopy Package carefully. Failure to follow the instructions may result in the cancellation of your procedure.

If you have any questions or require further information, please contact the clinic and one of our staff members will be happy to assist you.

Toronto Immune and Digestive Health Institute  
700 Lawrence Avenue West  
3<sup>rd</sup> floor, Suite 360,  
Toronto, ON M6A 3B4  
Phone: 647-812-2113  
Email: reception@tidhi.ca

**CANCELLATIONS WITH LESS THAN 5 BUSINESS DAY'S NOTICE WILL RESULT IN A \$200 FEE NOT COVERED BY OHIP**

**IMPORTANT INFORMATION**

- If you have sleep apnea plan to bring your CPAP machine to the procedure
- Continue any blood pressure medication as usual
- If you missed any of the steps on the previous page, PLEASE STILL COME IN FOR THE PROCEDURE
- DO NOT BRING ANY VALUABLES JEWELLERY OR WEAR MAKE UP
- You will be sedated during the procedure. Therefore, **YOU MUST BE ACCOMPANIED BY SOMEONE WHEN YOU LEAVE.** If you do have someone to accompany you, your procedure will be cancelled.

**WHEN YOU ARRIVE**

- The Toronto Immune and Digestive Health Institute is located in the Lawrence-Allen Centre at (700 Lawrence Avenue West). There is free, unlimited parking and adjacent TTC/Subway access (Lawrence West Station).
- Please enter through the East Tower entrance, which is accessible from the parking lot on the south side of the mall facing Lawrence Avenue. The East Tower entrance can be found between Booster Juice and the Foot Institute.
- Once inside, take the elevators up to the 3<sup>rd</sup> floor – Suite 360.
- Unfortunately due to COVID restrictions, your escort cannot accompany you inside the clinic. Your escort can visit the retail shops at the Lawrence-Allen Centre, which provides immediate access to food, shopping and other amenities. Your escort will be informed when you are ready to be picked up.

## PRE-ANESTHESIA QUESTIONNAIRE

Please fax completed form to 647-812-2114 at least 14 days prior to the scheduled procedure.

**\*\*\*Please note if you are on Ozempic or Wegovy to contact the clinic ASAP as your procedure may be cancelled\*\*\***

Date of Procedure (MM/DD/YY):

Name (Last, First, M.I.):		DOB (MM/DD/YY):	
OHIP #:	Version Code:		
Emergency Contact Name:	Relationship:	Phone:	

### MEDICAL HISTORY

Cardiac Health		
Angina	<input type="checkbox"/> Yes	<input type="checkbox"/> No
High Blood Pressure	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Heart Attack	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Atrial Fibrillation	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Heart murmur	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Cardiac Valve Disorders	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Pacemaker	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Stent/Angioplasty	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Other:		

Respiratory Health		
Asthma	<input type="checkbox"/> Yes	<input type="checkbox"/> No
COPD	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Tuberculosis	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Sleep Apnea	<input type="checkbox"/> CPAP	<input type="checkbox"/> Yes <input type="checkbox"/> No
Other:		

Endocrine and Metabolic Health			
Diabetes	<input type="checkbox"/> Type I	<input type="checkbox"/> Type II	<input type="checkbox"/> Yes <input type="checkbox"/> No
Thyroid Disease <i>name:</i>	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Other:			

Blood Health		
Anemia	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Sickle Cell Trait	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Sickle Cell Anemia	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Bleeding Disorder	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Deep Vein Thrombosis or Pulmonary Embolism	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Aneurysm	<input type="checkbox"/> Yes	<input type="checkbox"/> No
HIV/AIDS	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Other:		

Gastrointestinal Health		
Heartburn or GERD	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Hiatus Hernia	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Liver Disease <i>name:</i>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Inflammatory Bowel Disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Difficulty Eating or Swallowing	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Nausea or Vomiting	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Other:		

Neuro and Musculoskeletal Health		
Dementia	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Alzheimer's disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Migraine	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Vertigo	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Neuropathy	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Fibromyalgia	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Spinal Stenosis	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Osteoarthritis	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Rheumatoid Arthritis	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Epilepsy or Seizure Disorder	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Multiple Sclerosis	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Parkinson's disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Other:		

Kidney and Bladder Health		
Kidney Disease <i>name:</i>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, are you on dialysis?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Other:		

Other Significant Conditions:

**CURRENT MEDICATIONS**

<input type="checkbox"/> No prescription medications	<input type="checkbox"/> No over-the-counter medications, supplements, vitamins, or probiotics
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Medications, supplements, vitamins or probiotics:	Dose:	Frequency:	Indication:

**ALLERGIES**

Medication or Substance <i>(e.g. latex, food, etc.):</i>	Type of Reaction:

## ANESTHETIC HISTORY

Have you ever had general anesthesia?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<i>If yes, please describe:</i>		
Have you ever had regional anesthesia? (e.g. nerve block, epidural, spinal, etc.)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<i>If yes, please describe:</i>		
Have you had any reactions to anesthesia in the past?	<input type="checkbox"/> Yes	<input type="checkbox"/> No <span style="float: right;"><i>If yes, check/describe below.</i></span>
<input type="checkbox"/> Malignant Hyperthermia <input type="checkbox"/> Pseudocholinesterase <input type="checkbox"/> Confusion after surgery		
<input type="checkbox"/> Other Reaction:		
Has a family member ever had a serious reaction to anesthesia?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<i>If yes, please describe:</i>		

## ADDITIONAL SCREENING QUESTIONS

Do you bruise easily?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Do you use home oxygen?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Do you have loose teeth or dentures?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Do you have any severe visual or hearing impairments?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Do you drink alcohol?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<i>If yes, number of drinks/week:</i>
Do you smoke?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<i>If yes, type + amount/week:</i>
Do you use recreational drugs?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<i>If yes, type + amount/week:</i>
If female, are you currently pregnant?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> N/A
Please write down your height and weight and the unit of measurement:	Height:	(ft/cm)	Weight: (lbs/kg)

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date (MM/DD/YY):