

Dr. Mark Atin

700 Lawrence Av W 3rd Floor Suite 360

(Enter through the East Tower Entrance, located between Booster Juice and the Foot Institute)

Phone: 647-812-2113

Email: reception@tidhi.ca

Date of Procedure:

Arrival Time:

PREPARATION FOR A FLEXIBLE SIGMOIDOSCOPY

Buy (at any pharmacy):

- 4 (four) Dulcolax tablets
- 1 (one) Fleet Enema

Please stick to a liquid diet (cream soups, smoothies, Jell-o, coffee, tea and juices) for the whole day of your appointment.

At 5:00pm the evening before your appointment, take 4 (four) Dulcolax tablets.

Bring the Fleet Enema with you to the appointment. You will use it just a few minutes before the flexsig sigmoidoscopy.